

# ISL EXEC DEVELOPER™

REINVENT YOURSELF and REINVENT YOUR ORGANISATION

## Chris Skellett



### Specialisation

- One to one Executive Coaching
- Leadership Development
- Building High performance teams – ‘from Good to Great’
- Conflict Resolution/ Interpersonal Skills Development

### Profile

Chris originally trained in the UK, obtaining an MSc in Clinical Psychology from the University of B'ham. He has subsequently worked extensively in health care roles in NZ, both the public and private sector. He has served as chief advisor in psychology to a District Health Board, and until recently was a director of Psychology Associates Ltd, NZ's largest group practice. He has a specialist interest in 'work life balance', generating optimum, sustainable and fulfilling returns for individual effort.

### Qualifications

BSc, MSC Clin Psych. Fellow NZCCP, Registered Psychologist.

### Accreditation

Chris is an accredited user of the MBTI and all Team Management Services instruments. He is a level 3 accredited user of all Psychometric tests available through NZCER.

### Regions

Otago (Auckland and Wellington by arrangement)